

Mains and Indonesian Dishes

- CHICKEN OR VEGETARIAN QUESADILLA** 60 K
Shereded chicken or tofu with spiced vegetable, melted cheese, papaya salsa and relish.
- GRILL TUNA STEAK** **G** 60 K
Braised tuna served with creamy spinach, lemon butter pesto and baby potatoes.
- NASI GORENG** **G** 50 K
Balinese style fried rice with shereded chicken, Asians vegetable and egg.
- MIE GORENG** 50 K
Whole wheat noodles with shereded chicken. Asian vegetable and egg
- TEMPE OR CHICKEN SATAY** **G** 50 K
Marinated and grill tempe or chicken with peanut sauce, bean salad and steam rice
- CHICKEN OR TUNA CURRY** **G** 50 K
Served with vegetables, coconut milk and steam rice

SANDWICHES

- GRILLED CHEESE SANDWICH** **V+** 50 K
Baguette with Butter and Melted Cheese
- FRESH VEGETABLE AND FETA SANDWICH** **V+** 60 K
Lots of Veggies and Feta Cheese on a Whole Wheat Roll
- CHICKEN AND AVOCADO SANDWICH** 60 K
Marinated Chicken Breast on a Bed of Lettuce and Tomato on a Whole Wheat Roll
- GRILLED EGGPLANT AND FETA CHEESE SANDWICH** **V+** 60 K
Served with Asian Pesto on a Whole Wheat Roll
- TEMPE SANDWICH** **V+** 60 K
Marinated Tempe with Fresh Veggies and Guacamole on a Whole Wheat Roll

Breakfast all day

- FRUIT SALAD** 30 K
Fruit Salad with Yogurt and Granola 50 K
- YOGURT BY THE BOWL WITH HONEY** 30 K
- BREAKFAST TORTILA** 50 K
Scrambled egg with avocado and fresh salsa
- A SERIOUSLY SERIOUS BREAKFAST** 60 K
toasted banana flour bread, two eggs cooked to your likings, marinated & grilled mixed vegetables, black garlic puree, seasonal avocado, sauteed kale & fetta lemon baby beans
- MULBERRY, LEMON & RICOTTA PANCAKE** 60 K
with mulberry compote, whipped mascarpone, lemon curd & toasted cashews
- TOFU SCARMBLE** 50 K
Scrambled egg with tofu and vegetables, served with couscous and salad
- MUFFIN** 22 K
Mulberry Almond Muffine

breakfast 8AM

Light Meals

- GUACAMOLE & KERUPUK** 50 K
Avocado spread served with lemon, fresh herb And vegetables crackers
- BRUSHETA** 50 K
Toasted bread with fresh chop tomato, garlic, olive oil and fresh basil.
- FRESH RICE PAPER ROLLS** 50 K
Filled with crisp vegetable, coconut chutney served with Nuoc cham dressing and ginger dipping sauce
- FRENCH FRIES** 40 K

V+ Vegetarian | **V** Vegan | **G** Gluten-free

SALADS

- MIXED RAW GODDES SALAD** **V+** 60 K
Served with Healthy Fresh Vegetables pilld high with dressing and herb.
- SESAME TOFU AND CARROT SALAD** **V+** 60 K
Sauted marinated Tofu over grated Carrot, Lettuce and Cucumbers, Sprinkled with Toasted Sesame Seeds.
- MEDITERANEAN SALAD** **V+** 60 K
Lettuce, Tomatoes, Cucumbers, Real Kalamata Olives and Feta Cheese,
Thyme and Fresh Basil. Drizzle with Olive Oil and Vinegar.
- CURRIED CHICKEN SALAD** **G** 60 K
Shredded, Curried chicken, mixed with Mayónaise, on a bed of Lettuce, Tomatoes, Cucumbers and Radish.
- BRAISED TUNA AND SWEET POTATO ON RUCOLA SALAD** **V+** 60 K
Organic, locally grown Rucola Salad with sautéed Tuna and pieces of Sweet Potatoes.
Served with dark and sweet Balsamic Vinaigrette (Dressing contains peanuts).
- THAI YOUNG PAPAYA SALAD** **V+** 60 K
Thai inspired spicy dish made with shredded unripe Papaya, Chili, lemon juice and crushed peanuts.
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- SOUPS**
- PUMPKIN THYME** **V+** 50 K
POTATO LEEK 50 K
All the above soups are 100% vegetarian, and are served with slices of baguette and butter
- SOUP & SALAD SPECIAL** **V+** 75 K
Your choice of above soup and a small mixed salad
- SOTO AYAM** **G** 50 K
Indonesian style chicken soup, served with rice
- SPICY THAI CHICKEN COCONUT** **G** 50 K

DESSERTS

- JUICE JA SPICED CARROT CAKE** 45 K
Rich moist and nutritious served with lemon cream cheese frosting
- LEMON CHIA SEED YOGURT CAKE** 45 K
Served with lemon cream cheese frosting
- CHOCOLATE CAKE** 45 K
- BANAN AND CASHEW CAKE** 45 K
Simple, beauty and yummy
- BALINESE BANANA PANCAKE** 45 K

Our cakes can be ordered for your special events!
Please order at least 24 hours in advances.

PACKAGED GOODS

SEEDS

Sesame, Sunflower, Pumpkin, Flax, Chia, Granola

ORGANIC AND NATURAL NUT BUTTER

Organic Peanut, Organic Cashew, Almond,
All available raw or toasted

SALAD DRESSING

Dark Balsamic, Ginger Sesame, Tahini and Pesto

OTHER

Dried Coconut, Raisins, Sea Salt, Palm Sugar,
Cocoa Bean or Powder, Organic Arabica and Robusta
Coffee bean or powder, Spirulina.

And much more! See complete selection on shelves

Wheatgrass Shot 30
Did you know just 1 shot is equivalent to the nutritional value of 1kg of leafy green vegetables?
1 shot (30ml)

takeout & delivery call 082144279256

Pure Juices

300ml

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| ALOE-JA pure Aloe Vera | 40 |
| LEAN GREEN cucumber, apple, ginger, kale, lettuce & lemon | 40 |
| BALI SUNRISE pineapple & carrot | 40 |
| DAILY DEWI pineapple, carrot, apple & celery | 45 |
| MORNING GLORY orange & cucumber | 40 |
| LIVER LOVE lemon, parsley, cucumber & honey | 40 |
| SWEET SITA carrot, apple & ginger | 45 |
| IMMUNE BOOST apple, beetroot, orange & carrot | 45 |
| JUICE JA JAMU turmeric root, lemon & honey | 38 |
| ROOTS & SHOOTS carrot, beetroot, & celery | 40 |
| GARDEN GOODNESS tomato, lettuce, cucumber, beetroot & celery | 40 |
| PURE MARY tomato, celery & parsley | 40 |
| TROPICAL TRIO mango, papaya & banana | 45 |
| MONKEY FOREST passionfruit & banana | 45 |
| BELLY BLISS papaya & lime | 40 |
| THE REFRESHER watermelon & mint | 40 |

Blended Juices

- TROPICAL YEAR LONG |** 25
 choice of: papaya; pineapple; banana; watermelon or mixed
- SEASONAL (ask our wait staff for availability) |** 30
 choice of: avocado; mango; tamarillo; mulberry or mixed

Shakes

- TROPICAL MIX SHAKE |** 30
 milk, gelato, vanilla, papaya, pineapple & banana
- COCOA COFFEE SHAKE |** 30
 milk, gelato, cocoa
- SOYNANA SHAKE |** 30
 soy milk, banana & date
- NATURAL LASSIE |** 30
 natural yoghurt & honey
- VANILLA CARDAMOM LASSIE |** 30
 natural yoghurt, vanilla, honey & cardamom
- TROPICAL MIX LASSIE |** 30
 natural yoghurt, banana & papaya
- SEASONS TREAT LASSIE |** 30
 natural yoghurt, strawberry & mango
- INDIAN SUMMER LASSIE |** 30
 natural yoghurt, cardamom & date

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| BEERS | BINTANG | 35/50 |
| | CARLSBERG | 35 |
| | 1945 | 35 |
| | STARK | 38 |

CAFFEINE & HERBAL 20

- BALI COFFEE nescafe**
- CHAI hibiscus tea **GREEN**
- TEA *lemongrass tea* **TEA**
- chamomile tea* MINT TEA black tea
- GINGER TEA**

Other Refreshments

- WHOLE COCONUT | HOUSE-LEMONADE |**
- LEMONGRASS FIZZ | GINGER, TAMARIND & LEMON COOLER** 25
- LEMON SQUASH | ORANGE SQUASH |** 8
- AQUA 300ml |** 20
- SOFT DRINKS |** Coca Cola; Sprite; Fanta; soda water